



The Sertoma Arts Center

1400 W Millbrook Rd.
Raleigh, NC, 271612 (919) 420-2329

Preschool Winter/Spring Programs

Exercise - Sertoma Kid's Play in the Garden of Yoga

Age 3 yrs. - 5Y. Come and get happy by playing with yoga through movement, songs, games, and stories with the benefits of expanding creativity while developing body awareness, balance, and coordination. Have fun imagining yourself in a beautiful natural world - being a lion in the jungle, a lizard on a rock, a tree in the forest, or a dog at the park. Bring a yoga mat or blanket.

Nancy Williams instructs. Class Fee: \$45

#117056 Jan 25-Feb 29 W 11:00 am -11:45 am

#117057 Mar 21-May 2 W 11:00 am -11:45 am

Music - Sertoma Music & Movement

Age 2 yrs. - 6Y. Come jump on in and Boogie Woogie on down! Our little bugs will shake, rattle, and roll discovering different rhythm instruments, exploring creative movement, interact with storytelling & puppetry, and build confidence through dramatic self-expression. Each session will be focused on seasonal topics. Classes help children develop their language & literacy, social-emotional, cognitive, physical, and aesthetic development. Each child must be registered. Instructor Miss Nikki is a certified Musikgaten instructor, music and movement specialist and a member of the Early Childhood Music and Movement Association.

Class Fee: \$0

#116139 Jan 14 Sa 11:00 am -12:00 pm

#116706 Jan 21-Feb 25 Sa 11:15 am -12:00 pm

#116708 Mar 17-Apr 28 Sa 11:15 am -12:00 pm

Preschool - Sertoma Mom and Me - Grooving to the Music

Age 1 yrs. - 2Y. Bring your favorite toddler and come join the fun! We will be moving and grooving to the beat while learning more about dance. Each fast paced class will include mom and me dances, bean bags, rhythm sticks, hula hoops, balls, and parachutes. This is a great action packed opportunity to build memories with your child (and learn different movement activities you can do at home with your child too!). DeAnna Stojin, Instructs. Class Fee: \$54

#116710 Jan 23-Feb 27 M 9:30 am -10:15 am

#116711 Mar 19-Apr 30 M 9:30 am -10:15 am

Preschool Art - Sertoma Mini Monets

Age 18M - 30M. This class introduces little ones to a variety of art materials through hands on learning. Discovery and creative play encourages the development of motor skills and group social skills. Parent/caregiver attends with child; only child should be registered for class. Michelle Davis Petelinz, Instructs. Class Fee: \$54

#116891 Jan 27-Mar 2 F 9:30 am -10:30 am

#116892 Mar 23-May 4 F 9:30 am -10:30 am

Preschool Art - Sertoma Petite Picassos

Age 3 yrs. - 4Y. Classes will encourage the children to create unique works of art, as we explore different painting and craft techniques. Each week, we'll read a new book which will inspire our projects. No parent required. Michelle Davis Petelinz instructs.

Fall: class skips 11/24. Class Fee: \$54

#116893 Jan 23-Feb 27 M 9:30 am -10:30 am

#116894 Mar 19-Apr 30 M 9:30 am -10:30 am

#116895 Jan 26-Mar 1 Th 9:30 am -10:30 am

#116896 Mar 22-May 3 Th 9:30 am -10:30 am

Nature - Little Nature Hikers

Age 2 yrs. - 5Y. Join a nature instructor and other families for a guided walk around the park with your child. Meet other families in your community and learn about nature. We'll see birds, insects, and maybe even a few mammals and reptiles basking. Strollers are welcome. All children must be accompanied by an adult. Pre-registration is REQUIRED four days prior to program. For more information, contact Nature Programs at 919-831-6856. Class Fee: \$2

#118143 Feb 1 W 10:30 am -11:15 am



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Art - Sertoma Art Explorers

Age 5 yrs. - 6Y. Young artists explore a variety of traditional and innovative art projects to encourage both individual initiative and creativity, as well as group projects to develop a spirit of collaboration and team results. Students will investigate their physical environment and practice abstract thinking when presented with artworks, storybooks, and photography and the tools for painting, illustration, and design to reinforce written and spoken language in a relaxed studio class. No sessions are ever the same!

Prices vary according to length of class. Julie Russo instructs. Class Fee: \$54

#118597 Mar 20-May 1 Tu 2:00 pm - 3:30 pm

#118598 Jan 24-Feb 28 Tu 2:00 pm - 3:30 pm

#118599 Mar 20-May 1 Tu 4:00 pm - 6:00 pm

#118600 Jan 24-Feb 28 Tu 4:00 pm - 6:00 pm

Dance - Sertoma Ballet

Age 3 yrs. - 7Y. Class participants will learn the basics of ballet and also encouraged to try more challenging and age appropriate ballet steps and dances. Class concepts are taught through a variety of different imaginative activities and dances. Each class is action packed and will include many manipulatives (bean bags, rhythm sticks, parachute, and much more!). No previous dance experience necessary so bring a friend and come join the fun. Deana Stojan instructs Class Fee: \$54

#116786 Jan 23-Feb 27 M 3:30 pm - 4:15 pm

#116787 Jan 23-Feb 27 M 4:30 pm - 5:15 pm

#116788 Mar 19-Apr 30 M 3:30 pm - 4:15 pm

#116789 Mar 19-Apr 23 M 4:30 pm - 5:15 pm

Dance - Sertoma Free Youth Dance Trials

Age 18M - 4Y. Thinking about trying out some of our preschool and youth dance programs. Well this is your chance! Bring a friend and get ready to move. There will a variety of different activities in each trial. You must be registered to attend. Deana Stojan instructs. Class Fee: \$0

#116799 Jan 7 Sa 10:15 am -10:45 am

#116800 Jan 7 Sa 11:00 am -11:30 am

#116801 Jan 7 Sa 11:45 am -12:15 pm

Exercise - Sertoma Zumbatomic

Age 4 yrs. - 12Y. Zumbatomic is specially designed and choreographed Zumba classes for kids! Roxanna Cherry instructs. That's not all, there is an adult Zumba class at the same time. This unique opportunity allows your child to take Zumbatomic with their peers while you take an adult class with yours. No baby sitter needed! Look in the fitness section of the leisure ledger for the adult class or call 919-420-2329 for more information. Children 12 and up can sign up for the adult class if they like. Instructor Roxanna Barry. Class Fee: \$48

#116878 Jan 22-Feb 26 Su 4:00 pm - 5:00 pm

#116879 Mar 18-Apr 29 Su 4:00 pm - 5:00 pm

#118640 Jan 24-Feb 28 Tu 4:00 pm - 5:00 pm

#118641 Mar 20-Apr 24 Tu 4:00 pm - 5:00 pm

Dance at Sertoma

All Ages. If you love to dance then come out and enjoy an evening with dancing the night away! There will be a live band as well as dance instructors from our dance classes. This is a free dance and is open to all. This is a great opportunity to practice your steps and learn some new ones. \$0

#117201 Apr 17 Tu 7:30 pm - 9:30 pm

Special Event - Paint Your heART Out!

All Ages. Help us help you! Sertoma is hosting the 3rd annual Paint your heART out valentines inspired arts and scholarship support programs. Each person will get the opportunity to create an original valentines inspired masterpiece on canvas using paint and other materials onsite. Each art piece will then be displayed in the Arts center as February's gallery exhibit. Participants can pick up their artwork after the exhibit ends. Pick up dates will be announced the day of the event. This is a great opportunity to support the arts and scholarship programs while spending time with your loved ones! Pre-registration a plus! Day of registration available. Minimum Donation: \$6.00 per person For donations above the minimum please call Sertoma at 919-420-2329, include a note on your registration or bring it in person the day of the event. Class Fee: \$6

#116881 Feb 4 Sa 10:30 am - 2:00 pm

#116882 Feb 4 Sa 10:30 am - 2:00 pm



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